

SWIMMER(S) LAST NAME: _____

ARFC SHARKS 2026 PARENT VOLUNTEER INFORMATION AND TEAM POLICIES

Swim meets are volunteer-intensive events. To conduct these meets, **the assistance of all parents is mandatory**. Not only does it help the meet run smoothly, it makes a statement to your child or children that you are involved in their activity. For the 2026 season, there will be a **refundable \$250 volunteer fee deposit per family paid by check**. This “per family” deposit will be refundable at the end of the season if **ALL** volunteer requirements are met less \$75 per infraction per shift not worked. **This is a Sierra Foothills Swim League Resolution that began in 2015. Volunteer requirements for 2026 ARFC Sharks families are one shift per family per meet, plus one shift per family for Championships.** Championship schedule is not yet available and signups for those shifts will be later in the season. Stroke ‘n’ Turn judges require extra training and will count as two shifts. If you know you’re going to be out of town and unable to make a meet, you will be required to sign up for two shifts at the next meet. **Exceptions to this policy can only be made by ARFC Aquatics Director, Bree Renz.**

Your ARFC Sharks Registration Will Not Be Processed Without This Form

Select: Tasks are denoted: * = Easy, ** = Moderate, *** = Experienced, **** = Varies, duties can depend on need.

- *Photographer (take candid pictures of the team for bulletin board, end-of-season slide show, and upload to Shutterfly.)
- **Computer Data Entry (work on computer organizing time slips and assisting computer person input times.)
- *Timer (record swimmers’ time for each event. You will be shown how to use a stopwatch.)
- *Team Parent (be responsible for a group of swimmers in a particular age group you will never miss your child’s race with this job!)
- **Set-up/takedown/cleanup (set-up/takedown, clean up event area, tables. Chairs, EZ ups, trash. PA/starting equipment.)
- **Stager (organize swimmers to be ready before their event. Swimmers report to the staging area when their event is announced. Organize swimmers by lane into proper order for their events and heats. Critical for a smooth and timely meet.)
- *Time Slip Runner (collect time slips from timers and finish line judges, and bring them to the computer data entry table.)
- *Hospitality (distribute water and grapes/strawberries to all volunteers at the meets.)
- **Announcer (announce events at home meets.)
- *Ribbon writer (put labels on ribbons, take a break when your swimmer is swimming.)
- **Starter (begin each race using the Colorado Starting System)
- ***Stroke & Turn Judge (this is an official position with required training completed.)
- *Volunteer Check-In (have opposing team parent(s) complete liability waivers outside the Club before home meets.)
- *Backup Timer (Duties are the same as a timer. Time will be used in the event of a technical problem.)
- ****Backup Volunteer (Duties vary depending on need. “Floater” position that can fill in most positions.)

MOTHER’S NAME _____ FATHER’S NAME _____

PHONE: (H) _____ (W) _____ PHONE: (H) _____ (W) _____

MOM’S EMAIL: _____ DAD’S EMAIL: _____

SWIMMERS’ NAMES & BIRTHDATES: _____

Acknowledgment: I have read and understood the ARFC Sharks volunteer policy and agree to its terms and conditions.

Parent Signature: _____ Date: _____